



**TONY THURMOND**  
State Superintendent  
of Public Instruction

# California Career Resource Network (CaICRN)

**Career Exploration & Planning Tools**  
*No Cost Resources*  
**for Students and Educators**

**[www.californiacareers.info](http://www.californiacareers.info)**



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# California Career Resource Network Career Exploration Resources

- [CalCRN Home Website](#)
- [Career & College Readiness Lesson Plans](#)
- [Exploring Career Options Workbook](#)
- [California Career Center](#) (CalCC [*Virtual Counselor*])
- [My Stuff Resume Mobile Application](#) (links with CalCC)
- [Career Action Plan Mobile Application](#) (links with CalCC)
- [Career Surfer Mobile Application](#)
- [California CareerZone](#)



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# Career & College Readiness Lesson Plans

## California Career Resource Network

California's official resource for career exploration and planning

[Home](#)

[About Us](#)

[Quick Starts](#)

[Lesson Plans](#)

[Training Videos](#)

[Related Resources](#)

The California Career Resource Network (CalCRN) program in the California Department of Education provides career development information and resources to support development of the critical career self-management skills necessary for success in today's world of work. Begin with a review of the [CalCRN Resource Handbook \(PDF\)](#), then jump directly to the resources with the links below.

Please complete our short survey to give us feedback after you have used these resources.

Educators! Be sure to review the Career and College Readiness Lesson Plans ("Lessons" link above). The Lesson Plans are designed for teaching students to explore potential life and work goals, identify a broad range of careers and occupations, and build awareness of the array of postsecondary education and training options available to them.



California Career Center is a virtual counselor for career and college exploration and planning resources to help students map their futures. The Career Center is focused on students but also contains resources for counselors, teachers, and parents/guardians. [California Career Center Introductory Video \(01:19 | Transcript\)](#)



The California Career Zone is a web-based career exploration system providing four easy to use career assessment tools and information on over 900 California occupations. [California Career Zone Introductory Video \(01:42 | Transcript\)](#)



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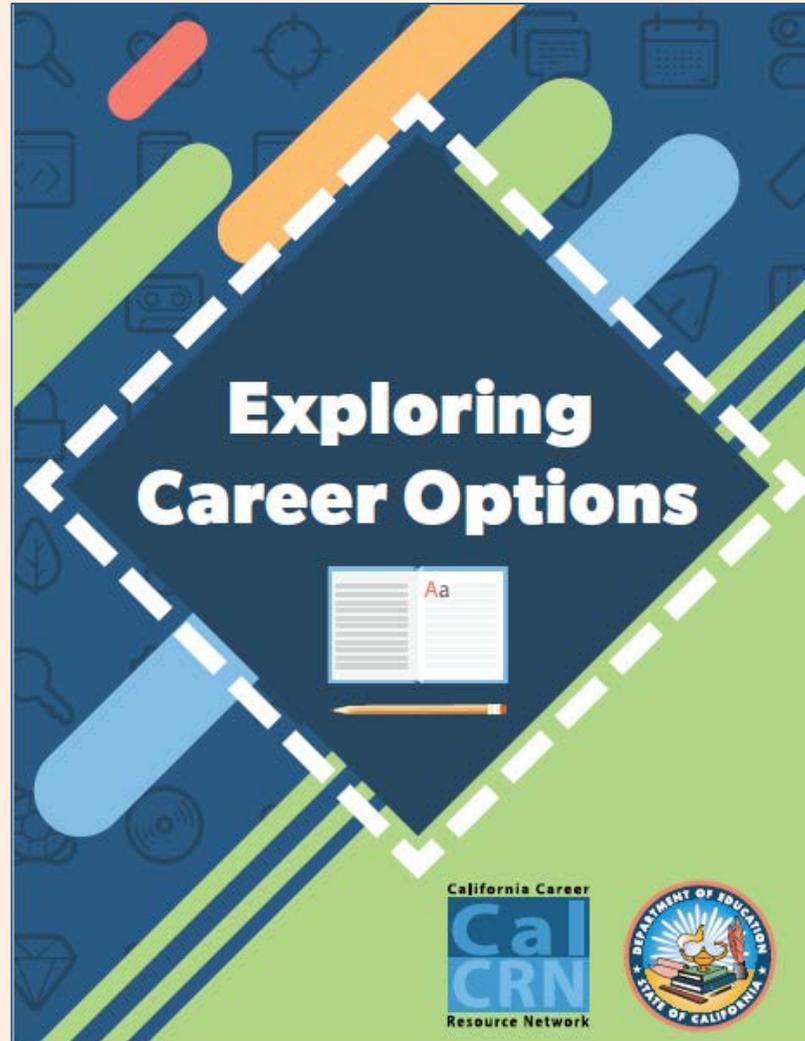
# Career & College Readiness Lesson Plans

- 45 Standards-aligned Lesson Plans spanning grades five through twelve.
- Organized by grade with five or six lessons per grade.
- Content includes: lessons, start-up videos, Educator Guide, and English and Spanish Career Readiness Glossary.
- Student handouts are available in English & Spanish.
- Utilizing CalCRN and other resources to explore four key concepts in career planning:
  1. Who Am I?
  2. Where Am I Going?
  3. How Do I Get There?
  4. What Skills Do I Need?



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# Exploring Career Options Workbook



2

## Exploring Career Options

This guide helps you discover your preferred place in the world of work by exploring four career-related questions. Finding initial answers to these questions is the beginning of your journey toward finding an occupation or career direction that is a good match for your interests, skills, and lifestyle goals. There are five parts to this guide that help you answer four key questions and begin developing a career action plan.



### The Four Questions

**"Who Are You?"** begins with exploring your interests. Your interests are important to confirm because they help you identify occupations you might like and be good at. You'll start by completing an interest inventory.

**"Where Are You Going?"** uses the interests you identified in "Who Are You?" and matches them to occupations you might like.

**"How Do You Get There?"** involves learning about the requirements you'd need to meet to enter the career path that looks good to you, including the military, skilled trades, and college.

**"How Do You Succeed?"** focuses on identifying essential workplace skills, financial literacy skills, and the media/technology literacy necessary for success in whatever career path you choose.

### Your Way is the Right Way!

**"Putting It All Together"** is where you start creating your career action plan to identify your initial occupational goal and the first steps you'll take to move toward your goal.



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# Exploring Career Options Workbook\*

- **Who Are You?**
  - *Interest Inventory*
- **Where Are You Going?**
  - *Common Occupations by Interest Area*
- **How Do You Get There?**
  - *Common Education & Training Options by Interest Area*
- **How Do You Succeed?**
  - *Standards for Career Ready Practice*
- **Putting It All Together**

\*Hard copy only. Email request to [calcrn@cde.ca.gov](mailto:calcrn@cde.ca.gov).



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# California Career Center



Q Logon f t in



*Your Virtual Counselor! Dream Big, Set Goals, Take Action!*

[www.calcareercenter.org](http://www.calcareercenter.org)



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# California Career Center Student Resources

## Content

- Middle & High School
- [Career Options](#)
- Getting A Job
- [Education & Training](#)
- Challenges
- [Money Management](#)
- Videos

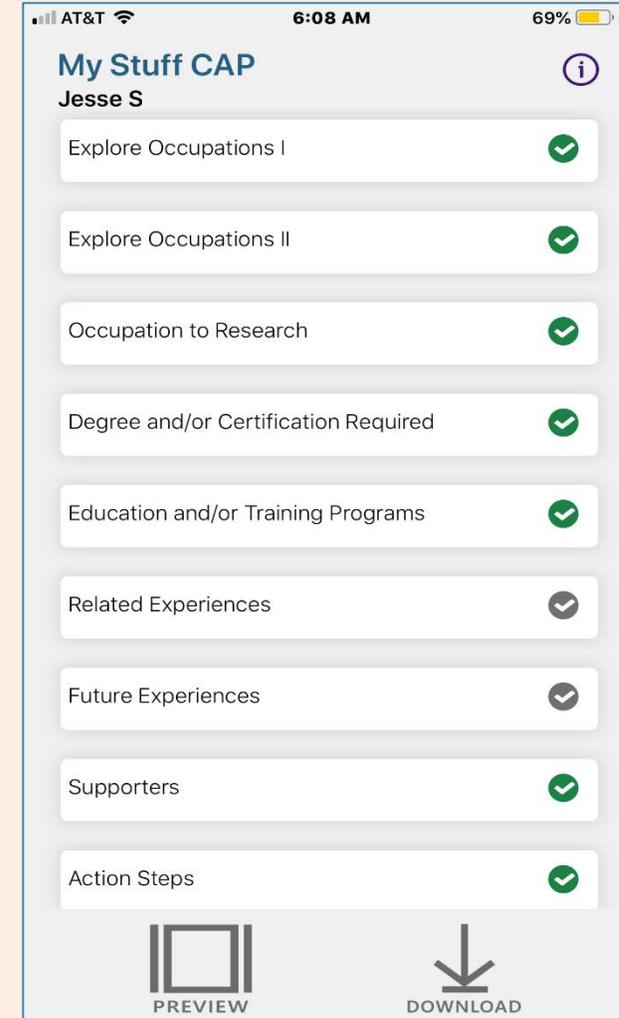
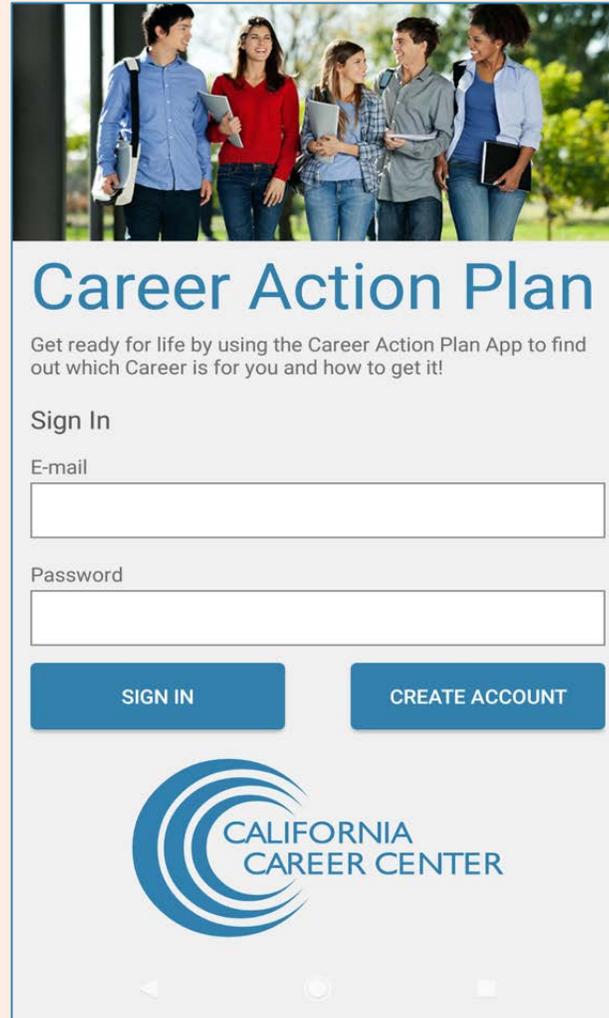
## My Stuff Account

- Explore
- [Bookmarks](#)
- High School Plan
- [Career Action Plan](#)
  - [Online and Mobile](#)
- Job Central
  - My Stuff Resume Online & Mobile
- [Upload Documents](#)



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# My Stuff Career Action Plan Mobile Application





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# Career Action Plan CaICC Website & Mobile App Content

1. Explore Occupations (interests)
  2. Explore Occupations (budget)
  3. Occupation to Research
  4. Degree and/or Certification
  5. Education and/or Training Program
  6. Related Experiences
  7. Future Experiences
  8. Supporters
  9. Action Steps
  10. Plan B
  11. Resources
- Download DOCX
  - Download PDF



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# My Stuff Resume Mobile Application

## my stuff Resume

Sign In with your California Career Center website My Stuff Student Account email and password. If you don't already have a sign in, select create account.

E-Mail Address

Password

**SIGN IN** **CREATE ACCOUNT**

  
My Stuff Resume is a part of the California Career Center and was developed by the California Department of Education.

**FIRST LAST NAME**  
PHOTOGRAPHER

**ABOUT ME**  
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**CONTACT**  
Lorem ipsum dolor sit amet, consectetur  
Anytown, CA95204  
me@me.com 209-555-1212

**SKILLS**  
Skill, Skill, Skill, Skill, Skill

**REFERENCES**  
Reference One  
Lorem ipsum dolor sit amet, co  
Company Inc  
209-555-1212  
me@email.com  
Reference Two  
Lorem ipsum dolor sit amet, co  
Company Inc  
209-955-1212  
me@email.com  
Reference Three  
Lorem ipsum dolor sit amet, co  
Company Inc  
Lorem ipsum dol  
me@me.com

**EXPERIENCE**  
Job Position 1  
Company Inc Feb 1, 1956 - Still Employed  
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Job Position 2  
Company Inc Mar 1, 2019 - Still Employed  
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**EDUCATION**  
Associates Degree  
Apr 19, 2019  
English  
My School. Lorem ipsum dolor sit ame CA  
Masters Degree  
Apr 13, 2019  
Math  
My School. City CA

**AWARDS / ACCOMPLISHMENTS**  
Awards, Awards, Awards, Awards, Awards

**INTERESTS / HOBBIES**  
Hobby, Hobby

**Select Style**

**Close**



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# My Stuff Resume

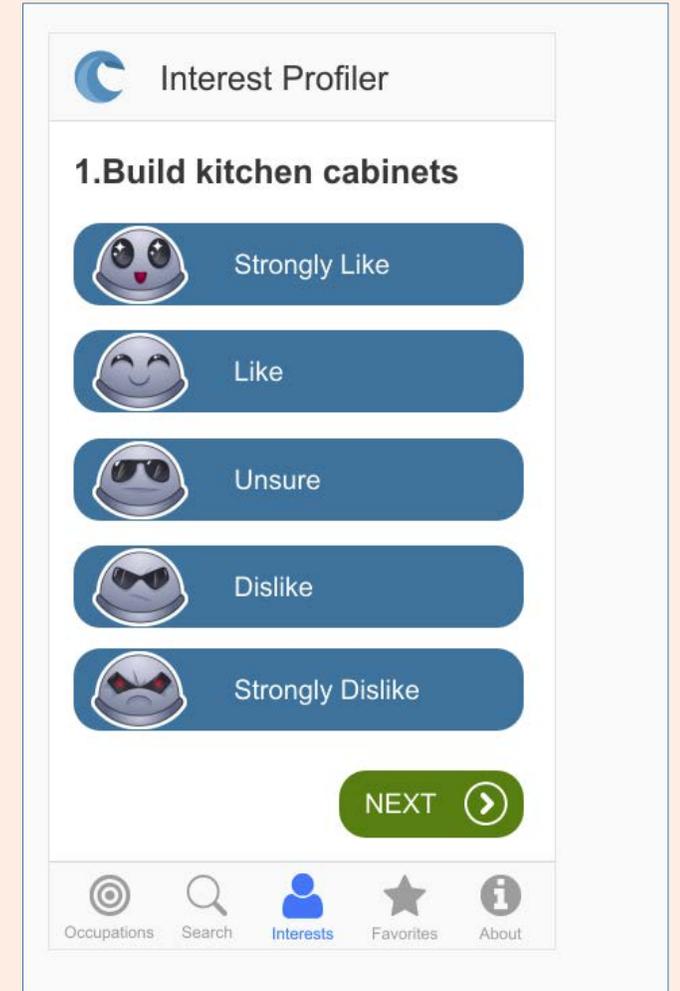
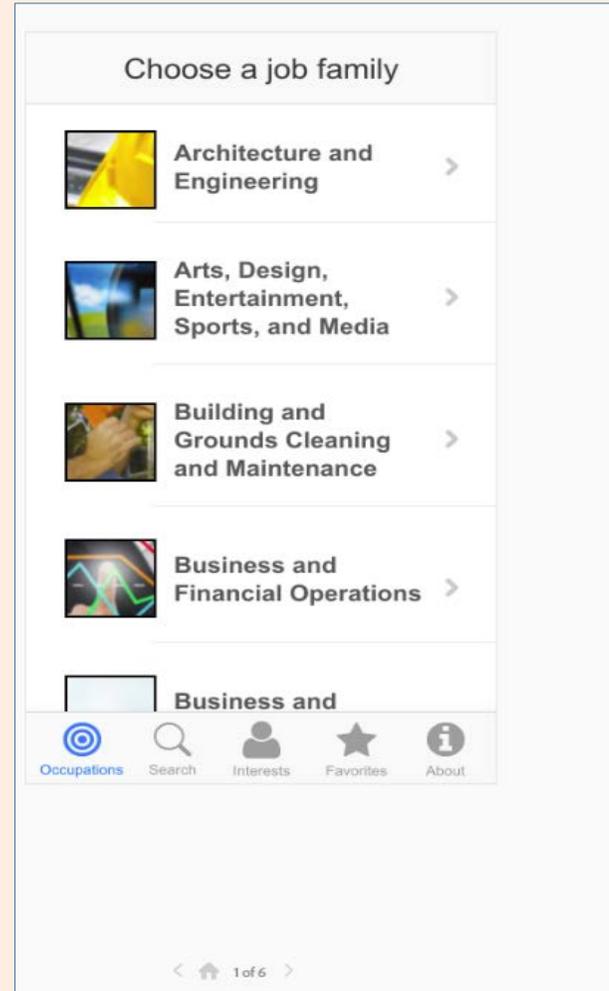
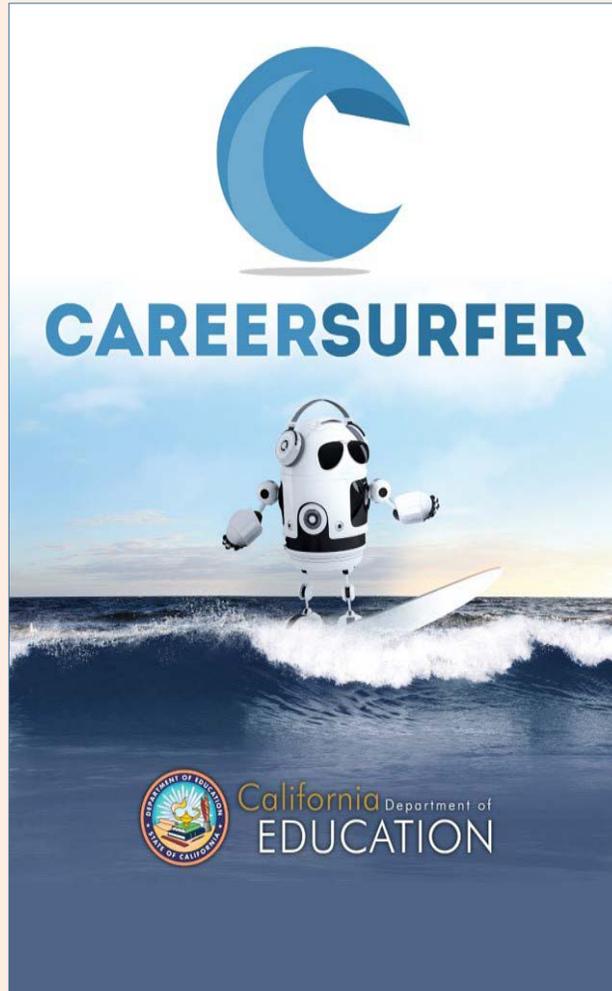
## CaICC Website & Mobile App Details

- Name
- Contact (City/State only)
- Goal
- About Me
- Education
- Experience
- Skills
- Interests/Hobbies
- Accomplishments/Awards
- References
- Three style options
- Download PDF
- Publish (post) online



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# Career Surfer Mobile Application





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# Career Surfer Mobile App Details

## Explore O\*NET Job Families/Occupations:

- Interest Profiler
- 900+ Occupations
  - Salary
  - Description
  - Tasks
  - Preparation Required
- Text to Speech Enabled

## Enhanced Search:

- Keyword
- Annual Income
- Typical Preparation Required
- Surprise Me
- Shake Me

# California CareerZone



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**California CareerZone**  
powered by Headed2>

You are not signed in: [Sign In](#)

Explore ▾ Decide ▾ Grow ▾

## What's your plan?



[www.cacareerzone.org](http://www.cacareerzone.org)



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# California CareerZone Content

## Discover Possibilities

- Make Money Choices
- [Quick Assessment](#)
- Interest Profiler
- [Work Importance Profiler](#)
- Skills Profiler

## Explore Industry Sectors

- California Career Technical Education Industry Sectors & Pathways

## Career Hub (free student account)

- Opportunities
- [My Classes](#)

## Additional Features

- Resume & Business Letter Creators
- [Job Search: jobs, apprenticeships, & internships](#)
- 967 Occupations (many with videos)
- [7,418 Postsecondary Schools](#)

## Free Educator Accounts

- Training Modules
- [Track student progress](#)
- Create reports
- [Assign lesson plans](#)



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# Contact Information

**John Merris-Coots**

California Career Resource Network  
(CalCRN)

California Department of Education

[www.californiacareers.info](http://www.californiacareers.info)

(916) 324-8151

[jmerris@cde.ca.gov](mailto:jmerris@cde.ca.gov)